

## Food Assistance Programs Resource Guide

Community Food Bank, Inc.  
3003 S. Country Club Road  
Tucson, AZ 85713  
Phone: (520) 622-0525 o 1-800-950-8681

*\*Note: Information in this document is up-to-date and accurate at the time of print. Please be aware information may have changed.*

### FEDERAL FOOD ASSISTANCE PROGRAMS

#### TEFAP FOOD BOX

TEFAP is a federal program that helps supplement diets by providing individuals and families with low incomes with emergency food and nutrition assistance at no cost.

**Eligibility:** Beginning January 1, 2009, each household will be eligible to receive 1 food box per month

#### Documentation Needed:

1. *The first time you register for a food box know and bring:*

- Picture ID
- Proof that you currently live in Pima County (i.e. current utility bill, cable bill, rental/mortgage agreement)
- Your date of birth
- Name and date of birth of everyone living with you
- Zip code
- Family size

2. *Every time you pick up a food box bring:*

- Picture ID
- Proof that you currently live in Pima County (i.e. current utility bill, cable bill, rental/mortgage agreement)

#### Contact information:

Community Food Bank  
3003 Country Club Road  
(520) 622-0525

[www.communityfoodbank.org](http://www.communityfoodbank.org)

**See pages 11-12 for Community Food Bank Pantry Directory and Branch Bank locations.**

#### SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM (SNAP) was FOOD STAMPS

**Eligibility:** SNAP applicants must meet specific requirements to be eligible for Food Stamps. After you hand in your SNAP application a DES interview will be held to determine your eligibility. BUT to find out if you are eligible before you fill out an application, two great resources are:

1. United Way's Food Stamps: A Practical Guide:

English: <http://www.unitedwaytucson.org/pdfs/Food%20Stamp%20Manual%20-%20UPDATED%2008-10-07.pdf>

Spanish: <http://www.unitedwaytucson.org/pdfs/FINAL%20Spanish%20Food%20Stamp%20Manual.pdf>

2. Arizona Self Help: [www.arizonaselfhelp.org](http://www.arizonaselfhelp.org)

**Where to find a SNAP application:**

- Any DES office
- DES website: [www.azdes.gov/faa/appcenter.asp](http://www.azdes.gov/faa/appcenter.asp)
- Arizona Self Help website: [www.arizonaselfhelp.org](http://www.arizonaselfhelp.org)

**Where to submit your SNAP application:**

Mail, fax, or hand-deliver your application to the DES office that is assigned to your zip code

**Eligibility Interview:** After submitting your application, you will receive a notice in the mail assigning you a time and date for your DES interview. Depending on what you requested in your application, this notice will tell you if your interview is in-person or over the phone. At the interview, a DES interviewer will review your application and all the documents you bring.

**Documentation needed for the DES interview:**

- Picture ID
- Social Security Number (SSN)
- Name, SSN and date of birth of everyone who lives with you
- Name, address and phone number of someone you know
- All income and its source
- Bank statements within the last 30 days
- Rent/mortgage and utility bills within the last 30 days
- Car registration
- Proof of medical insurance other than AHCCCS
- Medical bills within the last 30 days
- Proof of Savings Bonds, securities, retirement plans and life insurance
- Proof of child care expenses within the last 30 days
- If recently laid off from work bring a letter from employer stating; 1) date you were laid off, 2) last day of work, 3) date of last pay check

**Contact information: See page 13 for all DES locations and phone numbers according to zip codes**

**WOMEN, INFANTS AND CHILDREN (WIC)**

WIC provides supplemental foods, health care referrals, and nutrition education for low-income pregnant, breastfeeding, and non-breastfeeding postpartum women, and to infants and children up to age 5 who are found to be at nutritional risk and who are at or below 185 percent of the federal poverty guidelines.

**Eligibility:**

- Women who are pregnant
- Women who have been pregnant in the past year
- Infants and children up to age 5
- Applicants must income qualify

**Documentation needed:**

- Photo ID for each person being enrolled
  - Proof of current income for everyone living with you
  - Proof of address
  - Proof of custody, guardianship or other legal documents if applying for children who are not yours
  - Immunization records for children up to age
- 

**FOOD PLUS**

Food Plus is a food assistance program that provides children ages 1-6 and senior citizens ages 60 and older with a monthly package of food.

**Eligibility:**

- Women who are pregnant
- Women who have been pregnant in the past year
- Children ages 1-6
- Seniors ages 60 and older
- Applicants must income qualify

**Documentation needed:**

- Photo ID for each person being enrolled
- Proof of current income for everyone living with you
- Proof of address

**Please Note for both WIC and Food Plus:**

- To apply for WIC and/or Food Plus, call or stop by a office to schedule an appointment
- Not all WIC locations provide Food Plus
- In an emergency, you might be able to get an appointment, by walking in at 8:00am or calling for a same day appointment
- An individual cannot use the WIC and Food Plus programs at the same time. However, a mother may use WIC and a child in the same household can use Food Plus

**Contact Information for WIC & Food Plus Locations: See page 14-16 for contact information on all locations**

**Website:** <http://www.azwic.gov/>

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**ARIZONA FARMERS' MARKET NUTRITION PROGRAM (AZFMNP) – WIC AND FOOD PLUS**

If you qualify for WIC and/or Food Plus you are eligible to receive AZFMNP vouchers. These vouchers can be used at certified Farmers' Markets to buy fresh produce and fruits. ***When you sign up for WIC and/or Food Plus, make sure to ask about the vouchers!***

Website: [http://www.azwic.gov/farmers\\_market.htm](http://www.azwic.gov/farmers_market.htm)

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## FOOD ASSISTANCE PROGRAMS for KIDS

### **NATIONAL SCHOOL LUNCH PROGRAM**

The National School Lunch Program is a federal program operating in public and nonprofit private schools and residential child care institutions. It provides nutritionally balanced, low-cost or free lunches to children each school day.

### **SCHOOL BREAKFAST PROGRAM**

The School Breakfast Program is a federal program operating in public and nonprofit private schools and residential child care institutions. It offers free or reduced-price breakfasts that meet federal nutrition standards to eligible children.

#### **Eligibility for both programs:**

- Children from families with incomes at or below 130 percent (\$27,560 for a family of four) of the Federal poverty level are eligible for free meals
- Children from families with incomes between 130 percent and 185 percent (\$39,220 for a family of four) of the Federal poverty level are eligible for reduced-price meals

**Contact information:** Contact your child's school to see if they are registered for the School Lunch and/or Breakfast Programs and how you can apply.

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### **SUMMER MEALS**

Summer Meals provides breakfast and/or lunch to feed children during the summer months when school is out and they cannot receive breakfast or lunch at school.

**Eligibility:** Meals will be made available free to all ages 18 and younger without regard to sex, race, color, age, handicap or national origin.

#### **Contact Information:**

Child Hunger and Nutrition Coordinator  
(520) 622-0525 ext. 261

Contact the Child Hunger and Nutrition Coordinator for a list of Summer Meal sites and schedule.

## FOOD ASSISTANCE PROGRAM OPEN TO NON-PROFITS

### **AGENCY MARKET**

The Community Food Bank's Agency Market provides dry and perishable food and non-food products packed in retail and institutional size packaging for the use of non-profit 501(c) (3) agencies. The shopping area includes non-perishable, refrigerated and frozen items. The Community Food Bank charges a small handling fee.

**Eligibility:** Non-profit 501(c) (3) agencies

**Hours:** Monday through Friday from 9:00am - 3:00pm

**Contact Information:**

Agency Relations Manager  
(520) 622-0525 ext. 223  
Agency Market Coordinator  
(520) 622-0525 ext. 225

**ADDITIONAL FOOD ASSISTANCE PROGRAMS OPEN TO THE PUBLIC****VALUE MARKET**

The Community Food Bank's on-site grocery store is open to the public. The prices for most items are 30% to 70% less than supermarkets and grocery stores. The Value Market helps customers make their grocery money go farther.

The Value Market accepts cash, SNAP and bank debit cards; checks or credit cards are not accepted.

Value Market sells a variety of fresh produce, meats, canned items, pasta, frozen vegetables, entrée items, dairy products, and more. The Market also carries personal care and household care items: razors, soap, toothpaste, shampoo, conditioner, toilet tissue, baby diapers, paper towels, facial tissue, garbage bags, laundry bleach, soap and more.

**Eligibility:** Open to the public

**Hours:**

Tuesday - Friday: 9:00am to 4:30pm  
Saturday - 9:00am to 1:30pm

**Contact Information:**

Value Market Manager  
(520) 622-0525 ext. 203

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**BASIC MARKET**

Basic Food Market is a small grocery store with in the Community Food Bank where WIC recipients may use their WIC checks without having to go to a regular grocery store.

**Eligibility:** Open to the public. Anyone can shop at the Basic Market using WIC checks, SNAP or cash.

**Hours:** Tues-Fri, 9:00am-5:00pm and Saturday, 9:00am-2:00pm

**Contact Information:** Call (520) 903-1198 for more information

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**CONGREGATE MEAL SITES**

Congregate Meal Sites provide a place where persons ages 60 and older can have a meal. Seniors' spouses can eat with them regardless of age. To participate please call a center in advance to reserve a meal for the following week.

Sites often offer additional social, recreational and educational activities. Transportation to sites may be available for low-income people with mobility limitations who meet Americans with Disabilities Act criteria.

**Eligibility:** Persons ages 60 and older and their spouses

**Contact Information: See page 17 for a complete list of sites and contact information**

### **SOUP KITCHENS**

Two soup kitchens in Tucson provide food to the community at large:

Casa Maria

Offers hot meals and bag lunches

352 E. 25<sup>th</sup> Street

(520) 624-0312

DePorres Inc/Caridad

Offers hot meals at different sites around Tucson

(520) 882-5641

**See page 18 for a complete list of DePorres Inc/Caridad sites and hours.**

### **MOBILE MEALS**

Mobile Meals delivers special diet meals to people who are homebound.

#### **Eligibility:**

- Homebound because of illness, disability or frailty
- Live alone or with a person who is equally ill, disabled or frail
- Not capable to obtain and/or prepare meals, but are able to eat without assistance
- Has no relative or responsible person to provide or prepare regular or adequate meals
- Is on a specialized diet or is ineligible for Meals on Wheels because of age (under 60 years of age)
- Lives in a geographical area where delivery of meals is feasible

#### **Contact Information:**

(520) 622-1600

[mobilemeals@theriver.com](mailto:mobilemeals@theriver.com)

3003 S. Country Club Road, Suite #219

### **NORTHWEST MOBILE MEALS**

Northwest Mobile Meals delivers fresh, nutritious meals each weekday to older, physically challenged, or convalescing adults who are unable to cook for themselves. Cost of the meals is determined by ability to pay.

**Eligibility:** Seniors, adults who are physically challenged and convalescing adults

#### **Contact Information:**

Office Hours: Monday - Friday, 9 am-1 pm

2820 W. Ina Road

Tucson AZ 85741

(520) 297-6049

Fax: (520) 797-3029

[Info@iestucson.org](mailto:Info@iestucson.org)

## **PIMA MEALS ON WHEELS**

Nutritious hot and frozen meals are delivered to eligible individuals who are unable to prepare a meal and have no one to assist them. Service is temporary and 24-hour emergency response is not available.

### **Eligibility:**

- Age 60 and older
- Trouble standing by self
- Cannot make a meal
- Have no way to buy food
- A \$2.00 donation is requested

### **Contact Information:** Pima Council on Aging

Hours: 8:30am – 5:00pm

8467 E. Broadway

Tucson, AZ 85710

Pima Council on Aging Help Line: (520) 790-7262

Medicare Information: (520) 546-2011

Administration/Business: (520) 790-0504

Fax: (520) 790-7577

For Assistance and Information: [help@pcoa.org](mailto:help@pcoa.org)

## **COMMUNITY FOOD BANK: COMMUNITY FOOD SECURITY CENTER PROGRAMS**

### **CHILD HUNGER AND NUTRITION PROGRAM**

The Child Hunger and Nutrition Programs serve children nutritious snacks or meals and provide nutrition and health education. The Child Hunger and Nutrition Programs are: Kid's Club, Snak Paks and Summer Meals.

CFB Kid's Club: An after-school food and nutrition education program in partnership with the City of Tucson. City Staff serve nutritious snacks and teach nutrition with support from The Community Food Bank Child Hunger and Nutrition Coordinator.

**Eligibility for Kid's Club:** Children and youth enrolled in Kidco at participating neighborhood centers.

Snak Paks: Children who receive free breakfast and lunch at school may go home on weekends with no guarantee of food. Snak Paks works with participating schools to identify children who are hungry. Every Friday these children go home with their backpacks full of healthy snacks to see them through the weekend.

**Eligibility for Snak Paks:** Teachers at participating schools identify children who will benefit.

Summer Meals: See page 4 for information on Summer Meals

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### **COMMUNITY FOODS CONSIGNMENT**

Community Foods Consignment provides an economic structure for home gardeners and other small growers to sell the food they grow. The produce is sold at the Santa Cruz River and Community Food Bank Farmers' Markets.

**Eligibility:** Sellers must grow the produce and other food products in Arizona; produce cannot be resale. A gardener could not go to a farm, buy watermelons, and re-sell them at the farmers' market.

**Contact Information:**

For any questions about the Community Foods Consignment Program call the Manager at 622-0525 ext. 237

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**EDUCATION AND ADVOCACY**

Community Education and Advocacy: Education and partnerships for food distribution programs, community food security programs, economic and food justice and health lifestyles.

Economic Literacy: The Economic Literacy curriculum is taught in partnership with Pima Community College Adult Education Family Literacy classrooms. The curriculum assists students to review their family's economic history, consider the health and economic benefits and consequences of their food choices, and to learn about community resources.

Family Advocacy: Education and advocacy with families, agencies, faith institutions, and community groups on federal and state food programs and other community services to increase people's well-being.

**Contact Information:**

For education and advocacy questions call the Coordinators at 622-0525 ext. 243 or ext. 267

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**FARMERS' MARKETS**

Two public farmers' markets sell local naturally grown, chemical-free produce year-round. Farmers' markets provide direct access to fresh fruits and vegetables. Buying direct from the farmer keeps farmers farming and provides the freshest and tastiest produce.

**Eligibility:** Open to the public. These Markets accept cash, Arizona Farmers' Market Nutrition Program vouchers, SNAP (Food Stamps), and credit and debit cards.

**Community Food Bank Farmers' Market**

**Where:** Community Food Bank

3003 S. Country Club Road

Between Ajo and 36th Street on Country Club

**When:** Tuesdays year-round from 8 am-12 noon

**What:** This market sells fresh vegetables and eggs right from the nearby demonstration garden, as well as food products from the Community Foods Consignment Program

**Santa Cruz River Farmers' Market**

**Where:** Northeast Corner at Speedway Blvd and Riverview

Between the Arizona School for Deaf and Blind and El Rio Neighborhood Center

**When:** Thursdays; October-April, 3-6 pm & May-September, 4-7 pm, Closed December

**What:** 8 to 12 vendors (depending on the season) sell chemical-free vegetables, fruits, eggs, honey, coffee and plants

**Contact Information:**

For any questions about the Farmers' Markets call the Market Manager at 622-0525 ext 242.

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**HOME GARDENING**

Home Gardening education provides resources, technical and material assistance and know-how to individuals and families interested in growing some of their own food. Compost, seeds, and starter plants are provided as available. Home gardening workshops are held in the Nuestra Tierra Demonstration and Market Garden in the fall and spring.

**Eligibility for Home Gardening:** Home consultations for the home gardens are income-based.

**Garden Basics Workshops:** Using hands-on activities and conversations, new gardeners learn the basics of designing and caring for a new garden in the desert.

**Eligibility for Workshops:** Garden Basics Workshops are open to the public. Registration is first come, first serve.

**Contact Information:**

For any questions about Home Gardening or Workshops call the Manager at 622-0525 ext 240.

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**NUESTRA TIERRA MARKET AND DEMONSTRATION GARDEN**

The garden is 7,000 square feet and located on the northwest corner of the Community Food Bank grounds. The garden is managed chemical-free with two 10' X 10' compost bins, a 15' X 15' greenhouse, and a spacious hen house. The garden demonstrates and promotes desert food production methods and supplies food to the Community Food Bank and Santa Cruz River Farmers' Markets.

**Eligibility:** Open to the public! If you would like to volunteer at the Garden or would like a tour contact the Garden and Education Manager.

**Contact Information:**

For any questions about the Garden call the Manager at 622-0525 ext 237.

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**MARANA FARM AND FARM STAND**

Marana Farm is a 10 acre urban production and education farm which is a part of Marana's Heritage Park. The farm uses drip irrigation and chemical-free methods to grow vegetables, fruits, herbs and flowers. The Farm also operates a Farm Stand that sells produce grown on the farm.

**Eligibility:** Open to the public! If you are interested in volunteering at the Farm or would like a tour contact the Farm Manager.

**Marana Farm Stand**

**Where:** Marana Farm Ramada, Heritage River Park

South of the intersection of Tangerine Farms Road and Heritage Park Drive

**When:** Mondays; October-April, 3-6 pm & May-September, 4-7 pm, Closed December

**What:** The Marana Farm booth which is run like a small farm stand and sells vegetables straight from the Farm. When seasonally available the Farm Stand gets locally grown fruit, vegetables and honey from English Family Orchards in Wilcox, Forever Yong Farm in Arivaca, Estancia Orchard in Dragoon, Crooked Sky Farms in Glendale and Community Foods Consignment. Michael and Rebecca Park sell chemical-free produce from their quarter acre farm in Marana.

The Farm Stand accepts cash, Arizona Farmers' Market Nutrition Program vouchers, SNAP (Food Stamps), and credit and debit cards.

**Contact Information:**

For any questions about the Farm or Farm Stand call the office at 622-0525 ext 257 or ext. 255 or the cell at (520) 449-3154.

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## **SCHOOL, AGENCY, or ORGANIZATION GARDENS**

Technical assistance to start and maintain a garden for food production is available to groups throughout the community. School, agency and organization gardens are a way to bring people together around healthy, local food.

**Eligibility:** Open to the public

**Contact Information:** For questions about the Garden and Education Programs call the Manager at 622-0525 ext. 237

## PANTRY DIRECTORY

AGENCY	ADDRESS	TELEPHONE #	HOURS	ZIP
CARING MINISTRIES	820 W Calle Sur	882-2645	Mon. – Thurs 1:30 – 4 pm	05
CDO ASSEMBLY OF GOD	2950 W Lambert Lane	742-1168	Mon, Wed & Sat 9 – 12 N	42
CHRIST CHURCH UNITED METHODIST	655 N Craycroft	327-1116	Mon – Fri 9 am – 12 pm	11, 12
CHRISTIAN FAITH CENTER	4108 E. North St. (take Walnut Ave.)	722-2217	Thursdays 1 – 5 pm	12
COMMUNITY FOOD BANK	3003 S Country Club	622-0525	Tues., Wed. & Thurs. 9 am – 3 pm	All
FRIENDS OF ROBLES RANCH	16150 W Ajo Way	578-3063	Tues. 3-6pm Wed & Fri 10:30 – 2:30pm	35, 36, 634
GIVING TREE OUTREACH	4650 E Eastland	320-5437	Mon, Wed, & Sat. 10:30 am – 4:30 pm	85711
GOSPEL RESCUE MISSION	326 W 28 <sup>TH</sup> St.	740-1501	Mon – Sat. 10 am – 6 pm	85713
GRACE ST. PAUL'S JOSEPH'S PANTRY	2331 E Adams	327-6857	Mon – Fri 9 am – 12 Noon	85719
INNER-CITY HARVESTERS	939 S. 10 <sup>TH</sup> Ave.	620-1815	Wed., Sat. 9 am – 12 Noon	01, 13
INTERFAITH COMMUNITY SERVICES (NW INTERFAITH)	2820 W Ina	297-6049	Mon – Fri 9 – 1pm	04, 18, 41 42
LITTLETOWN	6465 S Craycroft	574-2263	Mon - Fri 8 am – 12:30 pm	06, 47, 641 county only
NEW SPIRIT LUTHERAN CHURCH	8701 E Old Spanish Trail	296-2461	Tues & Thurs 1-4 pm Wed 1-4 pm, Sat 11 - 1 pm	10
PASCUA YAQUI TRIBE	7474 S. Camino de Oeste	879-5613	M – F 10 am – 2 pm	85746, 57
PIO DECIMO	848 S. 7 <sup>th</sup> Ave.	624-0551 X118	Mon – Fri. 8 – 4:30 pm Closed Fri. from 12-1pm	01, 13
SALVATION ARMY – PRINCE	218 E Prince Rd	888-1299	Mon., Tues., Fri 9 am – 12 Noon	05
SALVATION ARMY HOSPITALITY HOUSE	1021 N 11 <sup>TH</sup> Ave	622-5411	Sat. & Sun 12:30 – 3 pm	ID Required
SOUTHWEST FAMILY WELLNESS & RESOURCE CTR	6855 S Mark Rd	908-3980	Mon – Fri 8 am – 2:30 pm Closed 12:00 – 12:30	35, 36, 46, 57
ST. PAUL'S UNITED METHODIST CHURCH	8051 E Broadway	296-1927	Mon – Fri 9 am – 11:30 am	10, 15, 48
SUMMIT VIEW FWRC	1900 E Summit	545-3861	1 <sup>st</sup> Tuesday of every month 9 am – 1 pm	85706
TRINITY PRESBYTERIAN CH.	400 E University Blvd.	623-2579	Tues., 12-4 Thurs.12-6 pm Sun. 12 – 4:00 pm	05
TUCSON AREA CHRISTIAN FELLOWSHIP	1212 S Palo Verde	325-2045	Thurs. 1 pm – 3 pm	11, 13
VICTORY ASSEMBLY OF GOD	4716 Parkway near 2561 W Ruthrauff	293-6386	Tues & Thurs 9 am–1 pm & 3-6pm	05

### TUCSON PARK & RECREATION NEIGHBORHOOD CENTERS DIRECTORY

\*This change begins January 1, 2009

AGENCY	ADDRESS	TELEPHONE #	Hours	ZIP
ARCHER CENTER	1665 S. La Cholla	791-4353	3 <sup>rd</sup> Tuesday of every month 9 am – 1 pm	13, 45

ARMORY SENIOR CENTER	220 S. 5 <sup>th</sup> Ave	791-4865	4 <sup>th</sup> Wednesday of every month 9 am – 1 pm	01
CLEMENTS TUCSON PARKS & REC	8155 E Poinciana Dr.	791-5787	1 <sup>st</sup> Wednesday of every month 9 am – 1 pm	07, 08, 30
EL PUEBLO N.C	101 W Irvington Room A1	791-4620	2 <sup>nd</sup> & 4 <sup>th</sup> Thursday of every month 8:30 am – 3 pm	06, 14, 46
EL RIO N.C.	1390 W Speedway	791-4683	1 <sup>st</sup> Thursday of every month *Not Jan. 1, 2009 9 am – 1 pm	43, 45
FREEDOM PARK CENTER	5000 E. 29 <sup>th</sup> Street	791-4969	1 <sup>st</sup> Friday of every month 9 am – 1 pm	11
NORTHWEST CENTER	2160 N 6 <sup>th</sup> Ave.	791-3247	3 <sup>rd</sup> Thursday of every month 9 am – 1 pm	05, 16, 19
QUINCIE DOUGLAS CENTER	1575 E 36 <sup>TH</sup> Street	791-2507	2 <sup>nd</sup> Wednesday of every month 9 am – 1 pm	13
UDALL RECREATION CTR	7200 E Tanque Verde Rd	791-4931	4 <sup>th</sup> Tuesday of every month 9 am – 1 pm	49, 50

### OUTLYING PANTRIES & BRANCH BANKS

AGENCY	ADDRESS	TELEPHONE #	HOURS	ZIP
AJO FOOD BANK Karen Galliazzo	201 Esperanza P O Box 515 (321)	520-387-4916 Fax # same	M-F 8 – 12 Noon	85321
AMADO FOOD BANK Mildred Lopez Feliciano	87200 S Nogales Hwy POB 729 (645)	398-2942 398-2261 Fax	M, Tu, W, F 8-1 pm Thurs 8 – 6 pm	85645
ARIVACA FOOD BANK Donna Bush	17252 W 5 <sup>th</sup> St P O Box 93 (601)	398-2771 398-9788 Fax	M – F 8-4 pm	85601
CATALINA RESOURCE CENTER Al Skorupski	3414 E Golder Ranch Rd P O Box 8416 (738)	825-0009 825-6899 Fax	M – F 8:30 – 12:30 pm	85739
FRIENDS OF ROBLES RANCH Dora Diccochea	16150 W Ajo Way (736)	578-3063 882-4408 Fax	Tues. 3- 6 pm Wed & Fri 10:30 – 2:30 pm	85735, 85736, 85634
GREEN VALLEY FB Mary Jane Goodrick	250 E Continental, Ste 101 (614)	625-5252 625-5692 Fax	M – F 9-1 pm	85614
LITTLE TOWN FOOD BANK Phyllis McKenzie	6465 S Craycroft (06) P O Box 22648 (34)	574-2263 574-2273 Fax	M – F 8 – 12:30 pm	06, 47, 641 County only
MARANA FOOD BANK Cecilia Muñoz	11734 W Grier Rd P O Box 70 (653)	682-3001 682-4136 Fax	M-W-TH-F 10 am – 2 pm Tue 10 am – 5 pm	85653, 654, 658
PC PICTURE ROCKS CC Wanda Crawford	5615 N Sanders (743)	682-7166	To be determined	85743
PICTURE ROCKS C C INC. Carlene Bordelon	6691 N Sandario Rd (743)	616-7096 616-7103 Fax	M – F 9:30 – 11am	85743

IF HOMELESS - Refer them to:

- Primavera Services – 702 S. 6<sup>th</sup> Ave (623-5111)
- So. AZ. Veterans (VA) - 3601 S 6<sup>th</sup> Ave (629-1839)
- Traveler’s Aid - 40 W Veterans Blvd (622-8900)

For more information call Information & Referral Services at (520) 881-1794 or 1-800-362-3474

## DES Office Locations – Zip Codes Served

*Family Assistance Administration: SNAP (was Food Stamps), Cash and Medical Assistance*

**1200 North Country Club**  
Tucson, AZ 85716  
(520) 881-4081  
Fax: (520) 318-0986  
Hours: 7:30am-5pm

85712 85715 85716  
85619 85749 85750  
Mt. Lemmon

**1493 W. Commerce Court**  
Tucson, AZ 85746  
(520) 578-8456  
Fax: (520) 578-9144  
Hours: 7am-5pm

85735 Star Route

**316 West Fort Lowell**  
Tucson, AZ 85705  
(520) 293-0214  
Fax: (520) 293-2149  
Hours: 7am-5pm

85704 85718  
85705 N. of Grant  
85745 N. of Grant

**3912 West Ina Road**  
Tucson, AZ 85741  
(520) 744-5850  
Fax: (520) 572-4346  
Hours: 7:30am-5pm

85737 85739 85741  
85743 85738 85755

**5441 East 22nd Street,  
Suite 115**  
Tucson, AZ 85711  
(520) 745-5802  
Fax: (520) 745-8298  
Hours: 7am-5pm

85707 85708 85710  
85711 85730 85748  
85751

**13644 North Sandario Rd**  
Marana, AZ 85653-0366  
(520) 682-3286  
Fax: (520) 682-2309  
Hours: 8am-5pm

85752 85742 85653  
85658 85654 Rillito

**250 South Toole Avenue**  
Tucson, AZ 85701  
(520) 791-2732  
Fax: (520) 792-1772  
Hours: 7:30am-5pm

85701 85719 85722  
85702 85720 85733  
85703 85740 85721  
85705 S. of Grant  
85745 S. of Grant

**Sells Shopping Center**  
P.O. Box 220  
Sells, AZ 85634  
(520) 383-2631  
Fax: (520) 383-5623  
Hours: 7:30am-5pm

85293 85294 85634  
85222 Casa Grande  
85223 Arizona City  
85272 Stanfield  
85237 Pima County  
85639 Topowa

**2760 South 4th Avenue**  
Tucson, AZ 85713  
(520) 620-6616  
Fax: (520) 628-1872  
Hours: 7am-5pm

85713  
85714 W. of I-19, E.  
of I-10, N. of  
Michigan & Fair

**38 Plaza Street**  
Ajo, AZ 85321  
(520) 387-7292  
Fax: (520) 387-6172  
Hours: 8am-5pm

85321 85341

**195 West Irvington**  
Tucson, AZ 85714  
(520) 741-9751  
Fax: (520) 294-6052  
Hours: 7am-5pm

85706 85723 85725  
85726 85731 85732  
85734 85741 Vail  
85747 85645 85640  
85629 Sahuarita  
85601 Arivaca & Fair  
85614 Greene Valley  
85714 E. of I-19, W.  
of I-10, N. of  
Michigan

**DES/Family Assistance  
Administration  
District Office**  
400 West Congress  
Tucson, AZ 85701  
(520) 741-9751  
Fax: (520) 628-6862  
Hours: 8am-5pm

## WIC & FOOD PLUS LOCATIONS

### **Arivaca Office**

17252 W. 5th Street  
Arivaca, AZ 85601  
Phone: 398-2771  
Fax: 243-7998  
Hours: 2<sup>nd</sup> Wednesday of  
every other month 10am-3pm  
starting with January

### **East Office**

6920 E. Broadway, Suite G  
Tucson, AZ 85710  
Phone: 296-6207  
Fax: 721-8448  
Hours: Tues-Fri, 8am-5pm,  
Sat, 8am-1pm

### **Centro del Sur**

1631 S. 10th Avenue  
Tucson, AZ 85713  
Phone: 624-5181  
Fax: 624-6079  
Hours: Tues-Fri, 8am-5pm,  
Sat, 8am-1pm

### **Flowing Wells**

4500 N. Old Romero Road  
Tucson, AZ 85705  
Phone: 293-0352  
Fax: 293-0319  
Hours: Tues-Fri 8am-5pm,  
Sat 8am-1pm

### **Continental Office**

1100 Whitehouse Canyon  
Road Continental, AZ 85614  
Phone: 625-8373  
Fax: 243-7998  
Hours: Friday 9am-4pm

### **Kino Teen Center**

2801 E. Ajo Way  
Tucson, AZ 85713  
Phone: 740-4607  
Fax: 243-7998  
Hours: Thursday, 9am-4pm

### **Abrams Public Health Office**

3950 S. Country Club  
Suite 1320  
Tucson, AZ 85714  
Phone: 243-7777  
Fax: 243-7998  
Hours: Mon-Fri 8am-5pm,  
Sat 8am-1pm

### **Westside Office**

1390 W. Speedway  
Tucson, AZ 85745  
Phone: 620-6847  
Fax: 620-0412  
Hours: Tues-Fri 8am-5pm,  
Sat 8am-1pm

## WIC LOCATIONS ONLY

**El Rio WIC Program**

839 W. Congress Street  
Tucson, AZ 85745  
Phone: 520-670-3772  
Fax: 520-205-4983  
Hours: Mon-Fri, Call for an  
appointment

**Marana WIC Program**

11734 W. Grier Road  
Marana, AZ 85653  
Phone: 520-616-6213  
Fax: 520-616-0361  
Hours: Mon, Tues, Thurs, Fri  
9am-5pm

**El Rio Southwest WIC**

1500 W. Commerce Court  
Tucson, AZ 85746  
Phone: 520-806-2610  
Fax: 520-806-2625  
Hours: Mon-Fri, Call for an  
appointment

**Teenage Parent Program**

1200 Emigh Road  
Tucson, AZ 85743  
Phone: 520-646-6213  
Fax: 520-616-0361  
Hours: 3rd Tues of every  
month 9am-1pm

**El Pueblo Clinic**

101 W. Irvington Road  
Tucson, AZ 85714  
Phone: 520-309-2118  
Fax: 520-741-8818  
Hours: Mon-Fri, Call for an  
appointment

**Prince**

1323 W. Prince Road  
Tucson, AZ 85705  
Phone: 520-616-6213  
Fax: 520-616-0361  
Hours: Mon-Thurs 9am-5pm

**Ajo WIC****Desert Senita Community  
Health Center**

410 Malacate Street  
Ajo, AZ 85321  
Phone: 520-387-5594  
Fax: 520-378-5347  
Hours: Wed & Thurs 8am-5pm

**Lazos de Familia**

344 W. Ajo Way  
Tucson, AZ 85713  
Phone: 520-616-6213  
Fax: 520-616-0361  
Hours: Mon-Fri  
9am-12pm, 1pm-5pm

**St. Elizabeth of Hungary**

140 W. Speedway Blvd, Suite  
100 Tucson, AZ 85705  
Phone: 520-628-7871  
Fax: 520-205-8461  
Hours: Mon & Fri 8am-5pm,  
Tues 1pm-5pm

**Women's Center**

1920 W. Rudasill  
Tucson, AZ 85741  
Phone: 520-616-6213  
Fax: 520-616-0361  
Hours: Mon, Tues, Thurs, Fri  
9am-5pm, Wed 9:30am-6pm,  
Sat by appointment only  
8am-1pm

**Ortiz Community Health Center**

12635 W. Rudasill  
Tucson, AZ 85743  
Phone: 520-616-6213  
Fax: 520-616-0361  
Hours: Every Wednesday  
8:30am-4:30pm

**Primeros Pasos**

1701 W. St. Mary's Road,  
Suite 147 Tucson, AZ 85745  
Phone: 520-616-6213  
Fax: 520-616-0361  
Hours: Every Friday  
8:30am-11:30am

**Santa Catalina Health Center**

15631 N. Oracle Road, Suite 141  
Tucson, AZ 85743  
Phone: 520-616-6213  
Fax: 520-616-0361  
Hours: Every Wednesday  
8:30am-4:30pm

**Keeling**

435 E. Glenn Road  
Tucson, AZ 85705  
Phone: 520-616-6213  
Fax: 520-616-0361  
Hours: Every Wednesday  
9am-4:30pm

**Clinica de Alma**

3690 S. Park Avenue, Suite  
805 Tucson, AZ 85713  
Phone: 520-616-6213  
Fax: 520-616-0361  
Hours: Mon-Fri 9am-5pm

**Roberts Head Start**

1945 S. Columbus Road  
Tucson, AZ 85716  
Phone: 520-616-6213  
Fax: 520-616-0361  
Hours: Every Thursday 9am-  
3:30pm

**Rita Ranch**

8045 S. Rita Road  
Tucson, AZ 85747  
Phone: 520-616-6213  
Fax: 520-616-0361  
Hours: Every Tuesday 9am-  
4pm

**Tucson Medical Center**

5301 E. Grant Road  
Tucson, AZ 85712  
Phone: 520-616-6213  
Fax: 520-616-0361  
Hours: Every Thursday 9am-  
4:30pm

**TOPPS Teen Center**

39 N. Tucson Blvd  
Tucson, AZ 85716  
Phone: 520-616-6213  
Fax: 520-616-0361  
Hours: Every Wednesday  
1pm-5pm

**Sunnyside Head Start**

1105 E. Drexel  
Tucson, AZ 85706  
Phone: 520-616-6213  
Fax: 520-616-0361  
Hours: Every Monday,  
8:30am-5pm

## Congregate Meal Sites

**Open Monday-Friday (except as noted & holidays)**

**For those age 60+ or spouse regardless of age**

**Call the center in advance to reserve your meal for the following week**

Address	Phone	Contracting Agency	Site Manager
Ajo Community Center 290 W. Fifth Street Ajo, AZ 85321	387-5040	Catholic Social Services (fax) 387-6758	Marina Padres Aida Mertz, Supervisor
Archer Center 1665 S. La Cholla Blvd. Tucson, AZ 85713	791-4355	City Parks & Recreation (fax) 791-4140	Mary Marinez Linda Shenk, Supervisor
*Armory Park Senior Center 220 S. 5th Avenue Tucson, AZ 85701	791-4070	City Parks & Recreation (fax) 791-5314	Ramona Cuevas Robin Landers, Supervisor
Casa de Esperanza 780 S. Park Centre Avenue Green Valley, AZ 85614	399-2136	Catholic Social Services (fax) 625-1598	Cynthia Fletcher Aida Mertz, Supervisor
Eastside Senior Center 7901 E. Scarlett Street Tucson, AZ 85710	296-4816	Salvation Army No fax	John Brunofski Gayle Way, Supervisor
Ellie Towne/Flowing Wells Community Center 1660 W. Ruthrauff Road Tucson, AZ 85705	887-9786	Catholic Social Services No Fax	Mary Martellini Aida Mertz, Supervisor
El Pueblo Neighborhood Center 101 W. Irvington Road Tucson, AZ 85714	889-0928	Catholic Social Services No fax	Elvia Romero Aida Mertz, Supervisor
El Rio Neighborhood Center 1390 W. Speedway Blvd. Tucson, AZ 85705	624-5313	City Parks & Recreation (fax) 791-5773	Diane Grijalva Virginia Martinez, Supervisor
Freedom Recreation Center 5000 E. 29th Street Tucson, AZ 85711	791-4969	City Parks & Recreation (fax) 791-4984	Hank Ravenell Donna Trujillo, Supervisor
Northwest Neighborhood Center 2160 N. 6th Avenue Tucson, AZ 85705	791-3249	City Parks & Recreation (fax) 620-0102	Gilda Edwards Donna Liggins, Supervisor
Quincie Douglas Senior Center 1575 E. 36th Street Tucson, AZ 85713	791-2507	Tucson Urban League (fax) 791-5783	Cecilia Ceneno, Gwendolyn Musgrove, Supervisor
Robles Ranch 16150 W. Ajo Way Tucson, AZ 85735	578-3063 open Mon. & Wed.	Catholic Social Services No fax	Dora Dicochea Aida Mertz, Supervisor

**\*Dinner Meal**

**Catholic Social Service Main Office: phone: 624-1562/fax: 519-1303**

**The Salvation Army Main Office: phone: 792-1352/fax: 628-3189**

## DePorres Inc/Caridad Soup Kitchen Weekly Schedule

### **Monday**

Living Water Ministries                      6:00pm  
4343 E. 22nd St.

Holy Family Church                              6:30pm  
338 W. University Blvd.

### **Friday**

Holy Family Church                              6:30pm  
338 W. University Blvd.

Church on the Street                            4:30pm  
450 W. 38th St.

### **Tuesday**

First Church of God                              4:00pm  
3355 N. Fontana Ave.

Giving Tree Ministries                         5:30pm  
4650 E. Eastland

Holy Family Church                              6:30pm  
338 W. University Blvd.

Life In Christ Community Church         6:30pm  
102 E. Palmdale St.

### **Saturday**

Desert View Church of God  
(Showers Available)                            4:00pm  
1370 E. Prince Rd.

Giving Tree Ministries                         5:30pm  
4650 E. Eastland

### **Wednesday**

First Church of God                              4:00pm  
3355 N. Fontana Ave.

Holy Family Church                              6:30pm  
338 W. University Blvd.

### **Sunday**

Church on the Street                            4:00pm  
450 W. 38th St.

Holy Family Church                              4:00pm  
(Sandwiches Available)  
338 W. University

Giving Tree Ministries                         12 Noon  
4650 E. Eastland

### **Thursday**

First Church of God                              4:00pm  
3355 N. Fontana Ave.

Christian Faith Center                         6:00pm  
4108 E. North St.

Life In Christ Community Church         6:30pm  
102 E. Palmdale St.