

# 2010 BEHAVIORAL HEALTH TRAINING SCHEDULE

## TOPIC

## DATE

### **SMI Symptoms/Characteristics/Medications**

**January 8<sup>th</sup>, July 9<sup>th</sup>**

Topics include: Multi-axial assessment; Decomposition-signs and symptoms; General Interventions; Schizophrenia; Borderline Personality Disorders; PTSD; Bi-Polar; Depression; Mental Retardation; Pervasive Developmental Disorder. This also includes training on MEDICATIONS; Procedures/Forms and Names, Side-effects, etc. (Trainers: Christin Calderon, Sarah Bree along with a medical practitioner)

### **Developing your Therapeutic Skills**

**February 12<sup>th</sup>, August 13<sup>th</sup>**

Topics include: Building an appropriate therapeutic rapport with those who have Co-occurring disorders, including chemical dependency; empathy and skill development; encouraging coping skills with mental illness; (Trainer: Chris Ledyard, Sarah Bree)

### **Clinical Documentation Skills**

**March 12<sup>th</sup>, September 10<sup>th</sup>**

Topics include: Service Plan development and reporting progress; writing skills; OBHL requirements regarding documentation will be reviewed. The SROC and CIR procedures and documentation methods will be discussed. (Trainer: Sara Bree)

### **Ethics and Cultural Diversity**

**April 9<sup>th</sup>, October 8<sup>th</sup>**

Topics include: cultural competency: ethical behavior, such as respecting staff and consumer boundaries; confidentiality of consumers' records and information protection and maintenance. (Trainers: Rich Ebbens, and Christin Calderon)

### **General Safety & Annual Safety Update**

**May 14<sup>th</sup>, November 12<sup>th</sup>**

Training topics include: Bloodborne Pathogens, fire extinguisher training, first aid summary and review. (Trainers: Christin Calderon & United Fire)

### **Annual Recertification in CPI**

**Monthly**

This will include training in prevention of crisis situations and what to do in case of aggression, DTO, DTS behaviors. This training is **ONLY** for those who already took the initial CPI training prior to employment start date. (Trainers: Shannon Hartman, Elaine Daves & Sarah Bree)

- All training is scheduled to be in the CPES Training Room at Sabino Canyon. Each group is to be no more than 30 people. Training sign-ups will be coordinated through Jodi in Human Resources.
- Attendance is mandatory for all who work in a Behavioral Health setting, in a site receiving funding from CPSA or other Behavioral Health funding.
- All training marked will be from 9 am to 4 pm at the above-listed location.
- There will be a one-hour lunch break – lunch is your own.
- Contact *Christin Calderon*@ 325-9688 for more information